

2

21

R L R R L R L L R L R R L R L L R L R R L R L L R L R R L L R R

L Paradiddles

25 Repeat 3x

L R L L R L R R L R L L R L R R L R L L R L R R L R L L R L R R

29

L R L L R L R R L R L L R L R R L R L L R L R R L R L L R R L L

R Inverted Paradiddles

33 Repeat 3x

R L L R L R R L R L L R L R R L R L L R L R R L R L L R L R R L

37

R L L R L R R L R L L R L R R L R L L R L R R L R L L R L L R R

L Inverted Paradiddles

41 Repeat 3x

L R R L R L L R L R R L R L L R L R R L R L L R L R R L R L L R

45

L R R L R L L R L R R L R L L R L R R L R L L R L R R L R R L L

R Windmills

49 Repeat 3x

R R L R L L R L R R L R L L R L R R L R L L R L R R L R L L R L

53

R R L R L L R L R R L R L L R L R R L R L L R L R R L R L L R R

L Windmills

57 Repeat 3x

L L R L R R L R L L R L R R L R L L R L R R L R L L R L R R L R

61

L L R L R R L R L L R L R R L R L L R L R R L R L L R L R R L L

R Inverted Doubles

65 Repeat 3x

R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R

69

R L L R R L L R R L L R R L L R R L L R R L L R R L R R

L Inverted Doubles

73 Repeat 3x

L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L

77

L R R L L R R L L R R L L R R L L R R L L R R L L R L L